



## Beckenham Running Club Relay Results - 11th May 2011

Position	Team Name	Team Number	Men/Mixed/Ladies	Name	Sex	Individual time	Overall Time
1	Cambridge Harriers A	119	Men	Ben Shearer	M	00:13:37	
				Rob Jackaman	M	00:13:09	00:26:46
				<b>Dean Lacy</b>	<b>M</b>	<b>00:12:58</b>	<b>00:39:44</b>
2	South London Harriers A	91	Men	Matt Chapman	M	00:13:33	
				Jason Simpson	M	00:13:24	00:26:57
				Ryan Evans	M	00:13:34	00:40:31
3	Kent AC	95	Men	Richard Munn	M	00:13:55	
				Chris Greenwood	M	00:13:46	00:27:41
				Andrew Dunwoody	M	00:13:38	00:41:19
4	Beckenham RC	132	Men	Craig Williamson	M	00:15:16	
				Jim Addison	M	00:14:14	00:29:30
				Chris Minns	M	00:13:55	00:43:25
5	Vic Jets	123	Men	Tony Harran	M	00:13:59	
				Barry Attwell	M	00:15:19	00:29:18
				Victor Maughn	M	00:15:49	00:45:07
6	Bexley AC 2	149	Men	Luis Crane	M	00:15:15	
				Tom Clench	M	00:15:31	00:30:46
				John Armstrong	M	00:14:24	00:45:10
7	Crystal Palace Tri	118	Men	Mark Thomas	M	00:15:25	
				Peter Malk	M	00:15:22	00:30:47
				Greg Lewis	M	00:14:58	00:45:45
8	Dulwich	143	Men	Mike Williams	M	00:14:25	
				Duncan Hussey	M	00:15:30	00:29:55
				Steve Smythe	M	00:16:21	00:46:16
9	Petts Wood	96	Men	Chris Turner	M	00:15:26	
				Andy Wilson	M	00:15:25	00:30:51
				Brian O'Connor	M	00:15:30	00:46:21
10	South London Harriers B	90	Men	Bill Arnold	M	00:16:09	
				Alex Halpin	M	00:15:24	00:31:33
				Martin Parry	M	00:15:07	00:46:40
11	South London Harriers Mixed	89	Mixed	Marketa Martins	F	00:17:31	
				John Foss	M	00:15:10	00:32:41
				Dan Gillett	M	00:14:39	00:47:20
12	Cambridge Harriers B	120	Mixed	Lauris Rakicks	M	00:14:38	
				Joanne Phillips	F	00:18:03	00:32:41
				Rob Shearer	M	00:15:26	00:48:07
13	Dulwich	138	Ladies	Alexie Shaw	F	00:16:24	
				Andrea Pickup	F	00:16:13	00:32:37
				Debbie Nichols	F	00:15:44	00:48:21
14	Bexley AC 1	148	Men	Alan Wright	M	00:17:01	
				Peter Griffiths	M	00:15:56	00:32:57
				Paul Smyth	M	00:15:40	00:48:37
15	Striders of Croydon	126	Mixed	Mick Turner	M	00:15:59	
				Serena Stracey	F	00:17:02	00:33:01
				Barry White	M	00:15:47	00:48:48
16	Cambridge Harriers Composite A	121	Mixed	Kevin White	M	00:15:54	
				Peter St-Amour	M	00:16:10	00:32:04
				Kate Aldridge	F	00:17:01	00:49:05
17	Petts Wood	110	Men	James Falshaw	M	00:15:44	
				Alan Niblock	M	00:17:12	00:32:56
				Siu Wah	M	00:16:14	00:49:10
18	Cambridge Harriers Vets	104	Vets	Mick Ellsmore	M	00:16:29	
				Graham Maynard	M	00:15:44	00:32:13
				Alex Hall	M	00:17:04	00:49:17
19	Collingwood AC	103	Men	Martin Lloyd	M50	00:16:11	
				Bill Walsh	M45	00:16:49	00:33:00
				Keith Dunning	M45	00:16:23	00:49:23
20	Petts Wood Runners	105	Men	Martin Cunningham	M	00:16:28	
				Paul Whelan	M	00:17:28	00:33:56
				Andrew Day	M	00:15:31	00:49:27
21	South London Harriers Ladies	88	Ladies	Pam Ianella	F	00:17:27	
				Ruth Hutton	F	00:16:33	00:34:00
				<b>Beckie Woodland</b>	<b>F</b>	<b>00:15:28</b>	<b>00:49:28</b>
22	South London Harriers C	92	Men	Peter Emery	M	00:16:49	
				Mike Chapel	M	00:16:18	00:33:07
				John Quaintance	M	00:16:27	00:49:34
23	Deptford Green A	129	Men	Jason Powell	M	00:15:48	
				Philip Moore	M	00:17:06	00:32:54
				Anthony Martin	M	00:17:23	00:50:17
24	South London Harriers D	94	Men	Barry Attwell	M	00:15:54	

				Nigel Bush	M	00:17:01	00:32:55
				Phil Ide	M	00:17:34	00:50:29
25	Rod Harrington Team	101	Men	Marco Peduzzi	M	00:15:58	
				Bill Rae	M	00:17:14	00:33:12
				Rod Harrington	M	00:17:29	00:50:41
26	Rod Harrington Team B	102	Men	Tim Nash	M	00:16:13	
				Marcus Elwes	M	00:17:46	00:33:59
				Darren Jackson	M	00:16:56	00:50:55
27	Crystal Palace Tri	114	Men	Murat	M	00:18:25	
				Adrian Durran	M	00:15:56	00:34:21
				Jay	M	00:16:35	00:50:56
28	Crystal Palace Tri	98	Men	Matt Aldridge	M	00:16:29	
				Jim Lucas	M	00:16:50	00:33:19
				Phil Taylor	M	00:18:06	00:51:25
29	The undecided	127	Men	Andy Lambert	M	00:17:30	
				Dan Bugden	M	00:16:55	00:34:25
				Ozzie Adams	M	00:17:16	00:51:41
30	Crystal Palace Tri	116	Men	John Buchanan	M	00:16:47	
				Neil Barnes	M	00:17:45	00:34:32
				James Ripley	M	00:17:22	00:51:54
31	Dulwich	140	Ladies	Caroline Schuman	F	00:18:44	
				Kim Hainsworth	F	00:17:18	00:36:02
				Catherine Lee	F	00:16:12	00:52:14
32	Norman Runners	124	Men	Stephen Faulkner	M	00:18:03	
				Mark Faulkner	M	00:17:40	00:35:43
				Eddie Smith	M	00:17:40	00:53:23
33	Dulwich	142	Men	Martin Morley	M50	00:17:54	
				Russell Daker	M50	00:17:09	00:35:03
				Colin Frith	M50	00:17:53	00:52:56
34	Petts Wood	108	Men	Mike Reeves	M	00:17:29	
				Mark Burgess	M	00:17:28	00:34:57
				Andy Stubbs	M	00:18:07	00:53:04
35	Bromley Vets	144	Men	Chris Marshall	M	00:17:10	
				Soheel Bhandari	M	00:19:11	00:36:21
				Mark Russell	M	00:17:03	00:53:24
36	Petts Wood Ladies	109	Ladies	Sabina Spence	F	00:17:56	
				Hannah Roberts	F	00:17:42	00:35:38
				Claire Day	F	00:17:51	00:53:29
37	Petts Wood Mixed	107	Mixed	Baldwin Wong	M	00:17:06	
				Helen Neocleous	F	00:19:46	00:36:52
				John Gurney	M	00:16:46	00:53:38
38	Beckenham Ladies	131	Ladies	Kate Marchant	F	00:18:41	
				Melanie Burdett	F	00:17:07	00:35:48
				Alice Langton	F	00:17:55	00:53:43
39	Dulwich Mixed	139	Mixed	Tiarnan O'Clérigh	M	00:16:21	
				Charlie Wood	F	00:18:31	00:34:52
				Marlene Russell	F	00:19:22	00:54:14
40	Bexley AC 4	151	Men	Terry Wardale	M	00:18:18	
				Doug Colmen	M	00:19:29	00:37:47
				Louis Crane	M	00:16:38	00:54:25
41	Crystal Palace Tri Ladies	115	Ladies	Katie Crowe	F	00:18:06	
				Lisa Collins	F	00:18:03	00:36:09
				Cathy Cooke	F	00:19:04	00:55:13
42	Crystal Palace Tri Mixed	99	Mixed	Brian Morris	M	00:17:10	
				Gary Blunt	M	00:19:49	00:36:59
				Susan Fairfax	F	00:18:30	00:55:29
43	Striders of Croydon	135	Men	Stuart Hills	M	00:19:49	
				Martin Gourlay	M	00:19:55	00:39:44
				John Foster	M	00:15:58	00:55:42
44	Striders of Croydon	136	Men	Robin Jamieson	M	00:20:38	
				Colin Cotton	M	00:18:32	00:39:10
				Julian Spencer Wood	M	00:16:36	00:55:46
45	Striders of Croydon Ladies	134	Ladies	Kate Custis	F	00:19:17	
				Alice Ellend	F	00:18:22	00:37:39
				Steph Upton	F	00:18:40	00:56:19
46	Petts Wood	106	Men	Alex Neocleous	M	00:18:49	
				Robert Blazye	M	00:20:18	00:39:07
				Philip Morley	M	00:17:55	00:57:02
47	Cambridge Harriers Mixed B	137	Mixed	Jackie Hicking	F	00:23:16	
				Paul Kent	M	00:17:20	00:40:36
				A N Other	M	00:17:56	00:58:32
48	South London Harriers E	93	Men	Al Carr	M	00:19:20	
				Ian Field	M	00:20:39	00:39:59
				Dave Dawson	M	00:19:17	00:59:16
49	Crystal Palace Tri Ladies	117	Ladies	Cathy Greasley	F	00:18:34	
				Emma Snowdon	F	00:21:00	00:39:34
				Cathy Thomas	F	00:19:51	00:59:25
50	Crystal Palace Tri	122	Men	Bruce Ayers	M	00:19:39	

				Adam Efrat	M	00:19:49	00:39:28
				Dave Crockwell	M	00:21:00	01:00:28
51	Dulwich Ladies	141	Ladies	Clare Osborne	F	00:20:58	
				Rulic Sidhaura	F	00:21:14	00:42:12
				Claire Tinker	F	00:18:52	01:01:04
52	Bexley AC 3 Mixed	150	Mixed	Geraldine Legon	F	00:23:35	
				Kristina Mika	F	00:17:41	00:41:16
				Terry Wardale	M	00:19:48	01:01:04
53	Striders of Croydon Mixed E	125	Mixed	Corinne Carr	F	00:22:43	
				Amanda Barros	F	00:20:06	00:42:49
				Matt Grinrod	M	00:18:49	01:01:38
54	Striders of Croydon Mixed F	133	Mixed	Sandra Francis	F	00:24:39	
				Tom Littlewood	M	00:18:56	00:43:35
				Steve Harrison	M	00:19:05	01:02:40
55	Collingwood AC Mixed	111	Mixed	Doug White	M60	00:22:25	
				Kate Knight	W50	00:17:13	00:39:38
				Martin Lloyd	M50	00:23:29	01:03:07
56	Deptford Green B	130	Men	Peter Campling	M	00:22:05	
				Tim Allen	M	00:21:09	00:43:14
				Andy Robinson	M	00:19:53	01:03:07
57	Deptford Green Ladies	128	Ladies	Jessica Kelly	F	00:16:52	
				Alice Player	F	00:25:40	00:42:32
				To Lien Tran	F	00:21:27	01:03:59
58	Bromley Vets Ladies	145	Ladies	Connie Jackson	F	00:19:14	
				Karen Samuel	F	00:21:42	00:40:56
				Becky Pizer	F	00:24:39	01:05:35
59	Collingwood AC Mixed	100	Mixed	Cat Gaskell	F	00:21:18	
				Douglas Josham	M	00:21:57	00:43:15
				Annette Helliwell	W50	00:23:17	01:06:32
60	Bromley Vets Ladies	146	Ladies	Jane Greenfield	F	00:26:52	
				Veronica Marnell	F	00:26:33	00:53:25
				Pat Cliff	F	00:27:15	01:20:40