



Beckenham Running Club

2017 Charity Trail 10K Results

Place	Time	Name	Number	Club	Category
1	00:36:04	Tom Heslop	256	Victoria Park & Tower Hamlets AC	MS
2	00:36:15	Christopher Tuck	197	Blackheath & Bromley Harriers AC	MS
3	00:36:48	Alex Green	77	Windrush Triathlon Club	MS
4	00:36:57	Angus Harrington	87	Blackheath & Bromley Harriers AC	MS
5	00:37:10	Ben Hudson	98	Windrush Triathlon Club	MS
6	00:38:53	Theo Wood	249	Blackheath & Bromley Harriers AC	MS
7	00:39:06	Lloyd Collier	37	Windrush Triathlon Club	MV40
8	00:40:35	Mark Brown	20	Crystal Palace Triathletes	MV50
9	00:41:16	Timothy Ayres	5	Blackheath & Bromley Harriers AC	MS
10	00:41:17	Andy Perks	139	Striders Of Croydon	MV40
11	00:41:18	Graeme Drysdale	56	Striders Of Croydon	MV50
12	00:41:26	Des Connolly	38	Unattached	MV50
13	00:41:32	Karsten Buecker	25	Unattached	MV40
14	00:42:04	David Young	224	Unattached	MS
15	00:42:24	Greg Easter	248	Unattached	MS
16	00:42:36	Oliver Dewhurst	52	Windrush Triathlon Club	MS
17	00:42:55	Michael Evans	59	Unattached	MV40
18	00:42:59	Mike Abousselam	1	Orpington Road Runners	MV60
19	00:43:01	Richard Westlake	212	Unattached	MV40
20	00:43:04	Ryan Gold	230	Windrush Triathlon Club	MS
21	00:43:16	Ben Thomas	229	Unattached	MV40
22	00:43:20	Harry Vaneris	236	Windrush Triathlon Club	MS
23	00:43:23	Matt Webster	209	Unattached	MS
24	00:43:25	Alex Davis	265	Blackheath & Bromley Harriers AC	MS
25	00:43:31	Lucy Hurn	101	Windrush Triathlon Club	FV35
26	00:43:33	Steve Evenden	61	Blackheath & Bromley Harriers AC	MV40
27	00:43:45	Rebecca Goodwin	74	Windrush Triathlon Club	FS
28	00:44:04	Gary Spencer	173	Unattached	MS
29	00:44:04	James Tebbs	186	Unattached	MV40
30	00:44:24	Kostya Penkov	137	Clapham Chasers	MV40
31	00:44:37	Adam Barker	9	Unattached	MS
32	00:44:42	Thomas Speed	172	Unattached	MS
33	00:44:45	Milen Rachev	228	Windrush Triathlon Club	MS
34	00:44:57	Lin Skinner	164	Crystal Palace Fun Runners	FV35
35	00:44:58	Adam Daly-Gourdialsing	49	Unattached	MV40
36	00:44:59	Sara Roberts	149	Windrush Triathlon Club	FS
37	00:45:20	Ola Balme	7	Dulwich Runners Ac	FV45



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Place	Time	Name	Number	Club	Category
38	00:45:27	David Reilly	148	Unattached	MS
39	00:45:38	Robert Lay	245	Unattached	MV40
40	00:45:39	Andrew Harrower	90	Unattached	MS
41	00:45:46	Stuart Cullum	46	Blackheath & Bromley Harriers AC	MV40
42	00:45:50	Walter Hill	95	Crawley Ac	MV60
43	00:45:51	Kevin Austen	226	Unattached	MV40
44	00:46:04	Mary Brooking	231	Unattached	FV35
45	00:46:12	Paul Connor	238	Windrush Triathlon Club	MS
46	00:46:25	Ercole Lugari	115	Collingwood Ac	MV40
47	00:46:34	Phil Vickers	202	Unattached	MS
48	00:46:44	Ben McMullen	261	Unattached	MV40
49	00:46:50	Andy Roles	151	Unattached	MV40
50	00:46:51	Harry Phelps	267	New Eltham Joggers	MS
51	00:47:04	Lee Gordon	254	Unattached	MV40
52	00:47:05	Adam Jones	110	Unattached	MS
53	00:47:06	Neil Hemming	92	Orpington Road Runners	MV40
54	00:47:12	James Viner	203	Unattached	MS
55	00:47:13	Daniel Broughton	18	Unattached	MV40
56	00:47:23	Joseph Brady	17	Dulwich Runners Ac	MV50
57	00:47:24	Lucy Pickering	252	Dulwich Runners Ac	FV45
58	00:47:27	Edward Lockhart	114	Windrush Triathlon Club	MV40
59	00:47:39	Sunjay Bhogal	232	Striders Of Croydon	MV40
60	00:47:46	Amy Smith	169	Crystal Palace Fun Runners	FS
61	00:47:50	James Perry	140	Unattached	MS
62	00:47:56	Richard Smith	168	Unattached	MV40
63	00:47:58	Benjamin Thomson	189	Unattached	MS
64	00:48:14	Colin Merton	122	Windrush Triathlon Club	MS
65	00:48:20	Dave Jenkins	107	Unattached	MV40
66	00:48:23	Andrew Lambert	262	Bromley Veterans AC	MV50
67	00:48:32	Eleanor Simmons	257	Dulwich Runners Ac	FV35
68	00:48:39	Andy Langdon	240	Unattached	MV40
69	00:48:41	David Sandars	154	Unattached	MV40
70	00:48:44	Thomas Beirne	12	Unattached	MV40
71	00:48:48	Manrtas Kazlauskas	239	Unattached	MS
72	00:48:57	Andrew Currie	47	Unattached	MS
73	00:49:14	Chris Pond	143	Unattached	MV50
74	00:49:19	Graeme Parker	134	Unattached	MS



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Place	Time	Name	Number	Club	Category
75	00:49:29	Andy Tuck	196	Unattached	MS
76	00:49:31	Chris Finnegan	67	Unattached	MS
77	00:49:33	William Phelps	266	New Eltham Joggers	MV50
78	00:49:48	Luigi Arcuri	3	Blackheath & Bromley Harriers AC	MV60
79	00:49:54	Claire Stagg	176	Windrush Triathlon Club	FS
80	00:50:07	Natasha Swan	181	Seaford Striders Rc	FV35
81	00:50:11	Carl Bicknell	15	Haywards Heath Harriers	MV50
82	00:50:14	Peter Felix	64	Unattached	MV40
83	00:50:15	Jeremy Swarbrick	182	Unattached	MV40
84	00:50:16	Tina Nairn	131	Orpington Road Runners	FV35
85	00:50:22	Liz Pepper	138	Crystal Palace Fun Runners	FV35
86	00:50:29	Derek Hodgson	96	Dulwich Park Runners	MV60
87	00:50:43	David Rose	152	Unattached	MV40
88	00:50:48	Matthew Harrison	89	Unattached	MS
89	00:50:53	Terry Myatt	130	Unattached	MS
90	00:50:55	Paul Dryden	55	Petts Wood Runners	MV50
91	00:51:00	Suzannah Kinsella	112	Windrush Triathlon Club	FV45
92	00:51:04	Deborah Ward	206	Unattached	FV45
93	00:51:11	Peter Johnson	108	Striders Of Croydon	MV50
94	00:51:18	William Slack	166	Unattached	MV60
95	00:51:23	Robert Clark	35	Unattached	MV50
96	00:51:24	Alan Brown	22	Dulwich Park Runners	MV50
97	00:51:29	Chris Benstead	14	Unattached	MS
98	00:51:32	Nicholas Averre	4	Unattached	MV40
99	00:51:35	Nathan Pearce	135	Unattached	MS
100	00:51:37	Martin Rowling	153	Orpington Road Runners	MV60
101	00:51:44	Adrian Thear	187	York Knavesmire Harriers	MV50
102	00:51:46	John Fenwick	66	Unattached	MV60
103	00:51:48	Lisa Buchanan	24	Unattached	FV35
104	00:51:52	Phil Batchelor	237	SLGR	MV50
105	00:51:58	Jonathan Guntrip	83	Unattached	MS
106	00:52:01	Penny Howard	97	Stroud & District Ac	FV45
107	00:52:02	Mathew Broughton	19	Unattached	MV40
108	00:52:09	Mike Olorenshaw	133	Unattached	MV40
109	00:52:12	Duncan Simpson	160	Unattached	MS
110	00:52:14	Robert Weinert-Aplin	211	Windrush Triathlon Club	MS
111	00:52:20	David Gill	72	Unattached	MV40



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Place	Time	Name	Number	Club	Category
112	00:52:21	Rosie Lang	113	Windrush Triathlon Club	FS
113	00:52:23	Ben Woods	222	Unattached	MV40
114	00:52:35	Jack Sawyer	155	Unattached	MV40
115	00:52:35	Tom Sawyer	156	Unattached	MS
116	00:52:54	Olivia Sloan	167	Windrush Triathlon Club	FS
117	00:52:57	Caroline Helder	91	Wimbledon Windmilers	FV55
118	00:53:12	John Butler	253	Blackheath & Bromley Harriers AC	MV60
119	00:53:19	Sarah Ratcliffe	147	Orpington Road Runners	FV45
120	00:53:56	Jane Haile	84	Unattached	FV35
121	00:53:59	Mat Fahey	62	Unattached	MV40
122	00:54:15	Anna Jackson	104	Crystal Palace Triathletes	FV35
123	00:54:18	Nicholas Trower	195	Vegan Runners Uk	MS
124	00:54:22	Scott Carpenter	31	Unattached	MV40
125	00:54:28	Anna Spiering	175	Unattached	FV35
126	00:54:38	Lisa Harber-Aschan	86	Unattached	FS
127	00:54:47	Andrew Lay	247	Unattached	MV50
128	00:54:56	Hugo Vinerier	204	Unattached	MS
129	00:55:01	Pat Griffin	82	Unattached	MV50
130	00:55:06	Chris Balmer	8	Unattached	MV60
131	00:55:10	Paul Turnbull	198	Unattached	MS
132	00:55:16	Dean Mills	126	Unattached	MV40
133	00:55:22	Susan Corcoran	39	Crystal Palace Fun Runners	FV35
134	00:55:25	Andy Hamilton	85	Ukrunchat Running Club	MV40
135	00:55:47	John Carter	32	Wimbledon Windmilers	MV60
136	00:55:49	Paul Keating	111	Dulwich Runners Ac	MV50
137	00:56:00	John Eldridge	58	Unattached	MV60
138	00:56:05	Susannah Colbert	36	Unattached	FV35
139	00:56:10	Clare Taylor	250	Unattached	FS
140	00:56:20	Paul Phillips	141	Unattached	MS
141	00:56:21	Peter Jackson	103	Dulwich Runners Ac	MV60
142	00:56:24	John Greenwood	78	Windrush Triathlon Club	MV60
143	00:56:45	Jon Cribbens	43	Unattached	MV50
144	00:56:52	Paul Croasdale	44	Dulwich Park Runners	MS
145	00:57:01	Cathy French	70	Unattached	FV35
146	00:57:04	Martin Hickman	94	Unattached	MV40
147	00:57:05	Tim Griffiths	242	Dulwich Park Runners	MV60
148	00:57:08	Gareth Davies	50	Unattached	MS



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Place	Time	Name	Number	Club	Category
149	00:57:08	Justin Williamson	255	Unattached	MS
150	00:57:35	Brigit Brown	23	Crystal Palace Triathletes	FV45
151	00:57:39	John Jeffery	106	Unattached	MV50
152	00:57:41	Claire Steward	251	Dulwich Runners Ac	FV55
153	00:57:42	Paul Tibbs	190	Wimbledon Windmilers	MV60
154	00:58:01	Richard Ward	207	Unattached	MS
155	00:58:01	Joanne Murphy	128	Unattached	FS
156	00:58:10	Vivienne Foster	69	Unattached	FV35
157	00:58:13	Julie Letts	246	Crystal Palace Fun Runners	FV45
158	00:58:16	Anahid Basmajian	10	Unattached	FV35
159	00:58:23	Ruth Woods	223	Unattached	FV35
160	00:58:24	Lucy French	259	Unattached	FV35
161	00:58:27	Sam Gray	75	Unattached	FV35
162	00:59:02	Jane Hughes	260	Unattached	FV55
163	00:59:15	Dilek Ustra-Aarons	199	Crystal Palace Fun Runners	FV35
164	00:59:36	Rebekah Allen	2	Unattached	FV45
165	00:59:43	Leonard Apps	225	Unattached	MV50
166	01:00:19	David Harris	88	Dulwich Park Runners	MV60
167	01:00:27	Rachel Poynor	144	Unattached	FS
168	01:00:35	Aaron Gonsalves	73	Unattached	MS
169	01:00:41	Sharon Mcavoy	120	Unattached	FV55
170	01:00:47	Phil Tosh	193	Wimbledon Windmilers	MV50
171	01:01:09	Sue Learoyd	234	Unattached	FV45
172	01:01:22	Clare Tooth	192	Unattached	FV45
173	01:01:29	Gillian Cavell	233	Dulwich Park Runners	FV55
174	01:01:47	Karen Samuel	258	Orpington Road Runners	FV55
175	01:01:55	Sophie Moy	127	Unattached	FS
176	01:02:04	Nicky Rogers	150	Unattached	FV35
177	01:02:37	Emma Ford	68	Unattached	FV35
178	01:03:00	Otega Sodje	171	Unattached	MV50
179	01:03:11	Mark Cahalane	28	Unattached	MV40
180	01:03:23	Suzi Daley	48	Crystal Palace Fun Runners	FV45
181	01:03:25	Steph White	215	Unattached	FV45
182	01:03:26	Emily White	214	Unattached	FS
183	01:03:29	Katharine O'Connell	132	Unattached	FV35
184	01:03:32	Marielle Pujo	145	Unattached	FV45
185	01:03:58	Ruki Sidhwa	159	Crystal Palace Triathletes	FV45



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Place	Time	Name	Number	Club	Category
186	01:04:08	Laura Griffin	80	Unattached	FV35
187	01:04:09	Linda Griffiths	243	Dulwich Park Runners	FV45
188	01:04:10	Susan Smith	244	Dulwich Park Runners	FV55
189	01:04:55	Sue Woodhead	221	Orpington Road Runners	FV45
190	01:05:01	Katy Fenwick	65	Unattached	FV35
191	01:05:07	Dave Gridley	79	Havering '90 Joggers	MV50
192	01:05:32	Susannah Simpson	162	Unattached	FV55
193	01:05:47	Anita Evenden	60	Blackheath & Bromley Harriers AC	FV35
194	01:06:05	Steve Wehrle	210	Orpington Road Runners	MV60
195	01:06:17	Laura Pulyk	146	Unattached	FS
196	01:06:30	Sarah Sharratt	158	Unattached	FV45
197	01:06:36	Haren Thillainathan	21	Windrush Triathlon Club	MV40
198	01:06:46	Ben Veasey	201	Unattached	MV50
199	01:06:54	Annmarie Skupien	165	Unattached	FV55
200	01:07:13	Kelly Simpson	161	Unattached	FS
201	01:07:32	Joanne Cruse	45	Unattached	FV35
202	01:07:36	Sally Howard	235	Unattached	FV55
203	01:07:38	Valerie Nicolle	227	Unattached	FV35
204	01:07:44	Asta Sipaviciute	163	Unattached	FS
205	01:08:09	Josey Crane Burrows	42	Unattached	FV35
206	01:08:58	Matthew Baker	6	Unattached	MS
207	01:08:59	Tony Donaldson	53	Unattached	MV50
208	01:09:09	Neil Witheron	241	Unattached	MV50
209	01:09:21	Jiun Tang	183	Unattached	FV35
210	01:09:23	David Murphy	129	Unattached	MS
211	01:09:45	Alison Davis	51	Unattached	FV45
212	01:10:06	Mark Challis	34	Unattached	MV40
213	01:10:09	Francesca Carter	33	Wimbledon Windmilers	FV55
214	01:10:20	Anthony Cooper	264	Unattached	MV50
215	01:10:31	Alison Bullyment	26	Unattached	FV35
216	01:10:35	Jemma Tilbrook	191	Unattached	FS
217	01:10:36	Phillip Whitehead	217	Unattached	MS
218	01:11:04	Margarita Smoldareva	170	Unattached	FS
219	01:11:13	Tracey Hunt	100	Unattached	FV45
220	01:11:54	Sally Jackson	105	Unattached	FV45
221	01:11:55	Marilyn Stringer	180	Unattached	FV55
222	01:12:10	Jessica Beal	11	Unattached	FV35



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Place	Time	Name	Number	Club	Category
223	01:12:10	David Dorning	54	Unattached	MV60
224	01:14:05	Amanda Cooper	263	Reigate Joggers	FV55
225	01:14:38	Kay Hylton	102	Unattached	FV55
226	01:14:56	Christine Blair	16	Unattached	FV55
227	01:15:15	Sophie Griffin	81	Unattached	FS
228	01:16:14	Alistair Miller	125	Unattached	MV40
229	01:18:24	Ellie Hickman	93	Unattached	FV35
230	01:18:28	Alex Cox	41	Unattached	FV35
231	01:21:22	Martyn Greaves	76	Fittleworth Flyers	MV60



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Individual Prizes

Male	Name	Club	Race No.	Category	Time	Place
1st	Tom Heslop	Victoria Park & Tower Hamlets	256	MS	00:36:04	1
2nd	Christopher Tuck	Blackheath & Bromley Harriers	197	MS	00:36:15	2
3rd	Alex Green	Windrush Triathlon Club	77	MS	00:36:48	3

Male Veteran 40	Name	Club	Race No.	Category	Time	Place
1st	Lloyd Collier	Windrush Triathlon Club	37	MV40	00:39:06	7

Male Veteran 50	Name	Club	Race No.	Category	Time	Place
1st	Mark Brown	Crystal Palace Triathletes	20	MV50	00:40:35	8

Male Veteran 60	Name	Club	Race No.	Category	Time	Place
1st	Mike Abousselam	Orpington Road Runners	1	MV60	00:42:59	18

Female	Name	Club	Race No.	Category	Time	Place
1st	Lucy Hurn	Windrush Triathlon Club	101	FV35	00:43:31	25
2nd	Rebecca Goodwin	Windrush Triathlon Club	74	FS	00:43:45	27
3rd	Lin Skinner	Crystal Palace Fun Runners	164	FV35	00:44:57	34

Female Veteran 35	Name	Club	Race No.	Category	Time	Place
1st	Mary Brooking	Unattached	231	FV35	00:46:04	44

Female Veteran 45	Name	Club	Race No.	Category	Time	Place
1st	Ola Balme	Dulwich Runners Ac	7	FV45	00:45:20	37

Female Veteran 55	Name	Club	Race No.	Category	Time	Place
1st	Caroline Helder	Wimbledon Windmilers	91	FV55	00:52:57	117

Team Prizes

Mens Team	Team members	Club	Race No.	Category	Time	Place
	Christopher Tuck	Blackheath & Bromley Harriers	197	MS	00:36:15	2
	Angus Harrington	Blackheath & Bromley Harriers	87	MS	00:36:57	4
	Theo Wood	Blackheath & Bromley Harriers	249	MS	00:38:53	6

Female Team	Team members	Club	Race No.	Category	Time	Place
	Lucy Hurn	Windrush Triathlon Club	101	FV35	00:43:31	25
	Rebecca Goodwin	Windrush Triathlon Club	74	FS	00:43:45	27
	Sara Roberts	Windrush Triathlon Club	149	FS	00:44:59	36