



Beckenham Running Club

Team Relay Race 2023

17th May 2023

Results Summary

Male

Position	Team and Time	Team Members	No.
1st	Kent AC (Mens 1) 00:38:43	Cameron Dockerill Owen Hind Robert Sesemann	34
2nd	Dulwich Runners (Dulwich Mens A) 00:39:15	Max Bloor James Dazeley Edward Chuck	28
3rd	Tunbridge Wells Harriers (TWH - A) 00:40:21	Liam White Will Levett Alex Reid	56

Female

Position	Team and Time	Team Members	No.
1st	Kent AC (Woman's 1) 00:47:25	Bryony Proctor Clare Elms Ellie Freeden	91
2nd	Kent AC (Woman's 2) 00:50:00	Jen Berg Amy White Nesrin Sabanci	92
3rd	Tunbridge Wells Harriers (TWH - F1) 00:50:53	Ali Farrall Cathy Gill Emily Nash	74

Mixed

Position	Team and Time	Team Members	No.
1st	Dulwich Runners (Dulwich Mixed A) 00:42:05	Aaron Wilson Polly Low-Macrae Rob Armstrong	128
2nd	Tonbridge AC (Mixed 1) 00:43:20	Cameron Chambers Isaac Arnott Maria Heslop	135
3rd	Blackheath & Bromley Harriers AC (Mixed) 00:43:49	David Adams Elaine Rayner Roger Vilardell	100

Fastest Legs

Category	Name (Team)	Time	No.
Male	Cameron Dockerill - Kent AC (Mens 1)	00:12:37	34
Female	Polly Low-Macrae - Dulwich Runners (Dulwich Mixed A)	00:15:04	128

Version 3 (6 June 2023)



Beckenham Running Club Team Relay Race 2023

17th May 2023

Full Results

Position	Team Name	Team No.	Category	Runner A	Runner B	Runner C	Time
1	Kent AC (Mens 1)	34	Mens	Cameron Dockerill (12:37)	Owen Hind (13:02)	Robert Sesemann (13:04)	00:38:43
2	Dulwich Runners (Dulwich Mens A)	28	Mens	Max Bloor (13:04)	James Dazeley (13:26)	Edward Chuck (12:45)	00:39:15
3	Tunbridge Wells Harriers (TWH - A)	56	Mens	Liam White (13:19)	Will Levett (13:50)	Alex Reid (13:13)	00:40:22
4	Kent AC (Mens 2)	35	Mens	Chris Bus (13:19)	Ben Clarke (13:46)	Chris Mullin (13:45)	00:40:50
5	Dulwich Runners (Dulwich Mens B)	29	Mens	Fred Bungay (13:32)	Tom South (14:02)	Andy Bond (13:38)	00:41:12
6	Blackheath & Bromley Harriers AC (1)	5	Mens	Graeme Lugar (13:37)	Kevin Fini (14:18)	Peter Brooks (14:03)	00:41:58
7	Dulwich Runners (Dulwich Mixed A)	128	Mixed	Aaron Wilson (13:31)	Polly Low-Macrae (15:04)	Rob Armstrong (13:30)	00:42:05
8	Croydon Harriers (Croydon Harriers A)	17	Mens	Phil Symonds (13:13)	Douglas Aikman (14:57)	Luke Wakeling (14:02)	00:42:12
9	Tunbridge Wells Harriers (TWH -B)	57	Mens	Keith Mitchell (14:37)	Dillon Hobbs (13:38)	Chris Stringer (14:37)	00:42:52
10	Cambridge Harriers (Amen)	9	Mens	Phil Dickens (14:21)	David Worden (14:18)	James MacDonald (14:17)	00:42:56
11	Blackheath & Bromley Harriers AC (2)	6	Mens	Micah Evans (14:11)	Fintan Parkinson (14:56)	Alex Gibbins (14:09)	00:43:16
12	Dulwich Runners (Dulwich Mens C)	30	Mens	Alastair Low-Macrae (14:35)	Steve Kendall (14:35)	Sean Cordon (14:08)	00:43:18
13	Tonbridge AC (Mixed 1)	135	Mixed	Cameron Chambers (12:52)	Isaac Arnott (14:31)	Maria Heslop (15:57)	00:43:20
14	Kent AC (Mens 3)	36	Mens	Joe Hartley (13:21)	Richard Giles (14:38)	Matthew Thomas (15:35)	00:43:34
15	Blackheath & Bromley Harriers AC (Mixed)	100	Mixed	David Adams (13:51)	Elaine Rayner (15:32)	Roger Vilardell (14:16)	00:43:39
16	Kent AC (Mixed 1)	132	Mixed	Victoria Cartwroght (16:37)	Jonathan Tipper (13:48)	George Russell (13:25)	00:43:50
17	Tonbridge AC (Mens 2)	53	Mens	Max Malkinson (13:53)	Harry Stone (15:23)	Dan Hadden (15:15)	00:44:31
18	Cambridge Harriers (Bees)	10	Mens	Steve Hodges (14:51)	Lewis Baker (14:54)	Greg Hills (14:51)	00:44:36
19	Blackheath & Bromley Harriers AC (3)	7	Mens	Seb Jones (14:21)	Luca Ercolani (15:03)	Steve Hough (15:16)	00:44:40
20	Tonbridge AC (Mens 3)	54	Mens	Angus Currie (13:29)	Tom Rule (15:14)	Mark Pitcairn-Knowles (16:01)	00:44:44
21	Petts Wood Runners (PWR X1)	101	Mixed	Adam Wilkinson (14:07)	Lucy Tippet (16:45)	Oliver Knowles (13:55)	00:44:47
22	Tonbridge AC (Mixed 2)	136	Mixed	Nick Beer (13:58)	Polly Pitcairn-Knowles (15:55)	Nick Arnott (14:55)	00:44:48
23	Blackheath & Bromley Harriers AC (4)	8	Mens	Chris Holmes (14:45)	Richard Webb (14:48)	Paul Sharpe (15:22)	00:44:55
24	Tonbridge AC (Mens 1)	52	Mens	Julian Rendall (14:23)	Andy Graffin (14:56)	Anthony Bennett (15:39)	00:44:58
25	Kent AC (Mens 4)	37	Mens	Che Compton (14:13)	Stephen Watts (15:52)	Philip Woodford -Smith (14:57)	00:45:02
26	Croydon Harriers (Croydon Harriers B)	18	128	Scott Miller (14:43)	Lee Tolentino (15:00)	Glenn Barden (15:37)	00:45:20
27	Petts Wood Runners (PWR X2)	102	Mixed	Kevin Chadwick (14:56)	Melody Kane (16:15)	Steve Camacho (14:42)	00:45:53
28	Tunbridge Wells Harriers (TWH - C)	58	Mens	David Weston (14:22)	Andrew Eames (15:34)	Craig Chapman (16:10)	00:46:06
29	Croydon Harriers (Croydon Harriers C)	19	135	James Moore (16:47)	Ashley George (14:58)	Phil Symonds (14:31)	00:46:16
30	Petts Wood Runners (PWR X3)	103	Mixed	Kev Howarth (14:41)	Emma Stevens (16:36)	Dean Lenihan (15:16)	00:46:33
31	Kent AC (Mens 5)	38	Mens	Chris Lydon (15:54)	Alex Harris (15:14)	Ben Armon (15:36)	00:46:44
32	Crystal Palace Triathletes (CPT Diplodocuses)	126	100	George Marlow (14:39)	Emily Mchugh (16:47)	Gregor Maclean (15:23)	00:46:49
33	Tunbridge Wells Harriers (TWH - D)	59	Mens	Richard Carter (16:09)	Patrick Bareham (14:58)	Billy Hobbs (15:57)	00:47:04
34	Dulwich Runners (Dulwich Mixed B)	129	Mixed	Jack Leafe (14:37)	Harriet Roddy (17:43)	Tomasso Bondoni (15:04)	00:47:24
35	Kent AC (Woman's 1)	91	Ladies	Bryony Proctor (15:19)	Clare Elms (15:57)	Ellie Freeden (16:10)	00:47:26
36	Crystal Palace Fun Runners (Edlin Stew)	119	Mixed	Ed Scott (14:31)	Lin Skinner (16:38)	Stewart Dabin (16:32)	00:47:41
37	Dulwich Runners (Dulwich Mens D)	31	Mens	Joe Farrington-Douglas (15:26)	Rob Mayes (15:30)	Sum Mattu (16:50)	00:47:46
38	Orpington Road Runners (ORR Whippets)	39	Mens	Carl Porter (16:23)	Gavin Kitchingham (15:27)	Matthew Steere (15:59)	00:47:49
39	Crystal Palace Triathletes (CPT Centrosauruses)	26	Mens	Tom Cumberledge (16:20)	Isaac Griffiths (15:40)	George Marlow (15:52)	00:47:52
40	Crystal Palace Fun Runners (CPFR Team 3)	117	Mixed	Tim Shakespeare (15:21)	Suzanne Swaine (17:04)	Richard Hall-Smith (15:32)	00:47:57
41	Striders of Croydon (Striders Men 1)	47	Version 2 (25 May 2023)	Marc Burrows (15:54)	Max Veglio (15:57)	Stephen Massey (16:07)	00:47:58
42	Tunbridge Wells Harriers (TWH - F)	61	Mens	Nathan Webster (15:03)	Paul Bassi (16:06)	Jack Summers (16:54)	00:48:03

43	Cambridge Harriers (Darts Team)	11	Mens	Christian Poulton (16:46)	Ray Ramsay (15:26)	Liam Carr (15:52)	00:48:04
44	Unattached (West Wickham FC Runners)	69	Mens	Sam Kemp (16:45)	Chris Husillos (15:52)	Matt Fitch (15:42)	00:48:19
45	Windrush Triathlon Club (Windrush swim)	145	Mixed	Nick Flower (15:03)	Sara Roberts (17:38)	Lloyd Collier (15:43)	00:48:24
46	Tunbridge Wells Harriers (TWH - J)	65	Mens	Matthew Ferris (15:47)	Anthony Brown (15:29)	Robin Barwick (17:32)	00:48:48
47	Tonbridge AC (Mixed 3)	137	Mixed	Richard Preston (15:27)	Lewis Jones (15:50)	Lizzie Owen (17:37)	00:48:54
48	Kent AC (Mixed 3)	131	Mixed	Sally Urquhart (16:43)	Jake Simmonds (13:51)	Jo Mott (18:42)	00:49:16
49	Petts Wood Runners (PWR M1)	42	Mens	David Moore (17:19)	Oliver Hitch (16:18)	Mark Philbrick (15:48)	00:49:25
50	Dulwich Runners (Dulwich Mens E)	32	Mens	Andrew Scott (15:57)	Chris Cooper (16:47)	Chris Nunn (16:49)	00:49:33
51	Cambridge Harriers (Cheetahs)	112	Mixed	Duncan Hope (14:39)	Rose Baker (19:30)	James Pitts (15:26)	00:49:35
52	Dulwich Runners (Dulwich Mixed C)	130	Mixed	Tony Tuohy (15:29)	Emma Ibell (18:02)	Matt Ahluwalia (16:10)	00:49:41
53	Petts Wood Runners (PWR M5)	46	Mens	James Wall (16:32)	Mark Franks (17:35)	Andy Tippet (15:53)	00:50:00
54	Kent AC (Woman's 2)	92	Ladies	Jen Berg (16:26)	Amy White (16:29)	Nesrin Sabanci (17:06)	00:50:01
55	Tunbridge Wells Harriers (TWH - E)	60	Mens	Tobyn Young (17:28)	Matt Newman (16:24)	Mike King (16:12)	00:50:04
56	Cambridge Harriers (Enough with the names)	12	Mens	Graham Maynard (17:19)	Mark Penny (16:08)	Peter St-Amour (16:38)	00:50:05
57	Tunbridge Wells Harriers (TWH - K)	66	Mens	Javier Montoya Montero (15:48)	Elliot Chiles (17:16)	Clifford Gray (17:06)	00:50:10
58	Petts Wood Runners (PWR X4)	104	Mixed	Rian Pearson (17:15)	Elly Phillips (17:18)	Ollie Lister (15:41)	00:50:14
59	Collingwood AC (Mens 1)	14	Mens	Glen Smith (16:30)	Adam Taylor (17:55)	James McClintock (16:15)	00:50:40
60	Tunbridge Wells Harriers (TWH - F1)	74	Ladies	Ali Farrall (17:12)	Cathy Gill (16:23)	Emily Nash (17:19)	00:50:54
61	B&B Harriers - Wednesday Nighters (TIC)	96	Mixed	Trang Nguyen (17:00)	Harry Schmidt (13:17)	Clayton Aves (20:52)	00:51:09
62	Crystal Palace Fun Runners (The GCG)	23	Mens	Giovanni Biagiotti (16:35)	Chris Axon (18:18)	George Hillman (16:23)	00:51:16
63	Windrush Triathlon Club (Windrush run)	144	Mixed	Russell Speechley (16:58)	Alexandra Scovaraza (17:23)	Barney Thompson (17:25)	00:51:46
64	Kent AC (Woman's 3)	93	Ladies	Victoria Buck (17:17)	Ella Day (17:20)	Parris Williams (17:29)	00:52:06
65	Blackheath & Bromley Harriers AC (TUCKBYFAYRES)	4	Mens	Chris Tuck (16:28)	Richard Byford (12:53)	Tim Ayres (22:54)	00:52:15
66	Striders of Croydon (Striders Men 4)	50	Mens	Stephen Kenefick (16:53)	Jon Dean (18:12)	Andy Perks (17:33)	00:52:38
67	Dulwich Runners (Dulwich Ladies A)	83	Ladies	Yvette Dore (17:30)	Laura Vincent (17:46)	Michelle Lennon (17:46)	00:53:02
68	Striders of Croydon (Striders Men 2)	48	Mens	Darren Woods (17:36)	Bill Beattie (17:26)	Paul Ayers (18:06)	00:53:08
69	B&B Harriers - Wednesday Nighters (BBE)	98	Mixed	Jennie Butler (17:54)	Sarah Belaon (18:18)	Steve Evenden (16:57)	00:53:09
70	Petts Wood Runners (PWR M2)	43	Mens	Tim Springett (17:36)	Johnny Gill (17:58)	David Groom (17:37)	00:53:11
71	Tunbridge Wells Harriers (TWH - L)	67	Mens	Mark Godsalve (17:11)	Simon Allford (20:09)	Jason Gough (15:53)	00:53:13
72	Striders of Croydon (Striders Men 3)	49	Mens	James Burree (17:52)	Mark Nortje (17:55)	Tim Lawlor (17:30)	00:53:17
73	Biggin Runways (Biggin Runways A)	70	Mens	Christian Saville (17:34)	Marcus Ferrari (17:37)	James Wicking (18:11)	00:53:22
74	Petts Wood Runners (PWR M3)	44	Mens	Carl Inman (18:11)	James Falshaw (18:00)	Simon Bryant (17:12)	00:53:23
75	Tonbridge AC (Mens 4)	55	Mens	Charlie Richardson (17:22)	Jordan Chambers (19:25)	Anthony Fullbrook (16:47)	00:53:34
76	Kent AC (Mixed 2)	133	Mixed	Michael Longley (14:11)	Jo Wint (19:03)	Phil Marsden (20:24)	00:53:38
77	Tonbridge AC (Womens 1)	81	Ladies	Charlotte Warren (17:31)	Ellen Pitcairn-Knowles (18:07)	Rachel Fagg (18:04)	00:53:42
78	Crystal Palace Fun Runners (TMT)	25	Mens	Thom Banks (18:14)	Tom Warwick (18:26)	Matthew Lawson (17:10)	00:53:50
79	B&B Harriers - Wednesday Nighters (PaMM)	97	Mens	Will Brindley (18:15)	Mark Ellison (19:24)	Paul Kerekgyarto (16:24)	00:54:03
80	Cambridge Harriers (Flying Females)	87	Ladies	Sally Carr (19:20)	Susan Dixon (17:19)	Catherine Martin (17:29)	00:54:08
81	B&B Harriers - Wednesday Nighters (CDR)	1	Mens	Chris Martin (18:14)	Damian Hayes (17:33)	Rod Harrington (18:22)	00:54:09
82	Crystal Palace Fun Runners (The Dream Team)	21	Mens	Chris Dyke (16:58)	Paul Mann (20:09)	Laurence Chase (17:23)	00:54:30
83	Petts Wood Runners (PWR X11)	111	Mixed	Sally Haffenden (17:55)	Marcus Elwes (18:45)	Chloe Haffenden (17:50)	00:54:30
84	Tunbridge Wells Harriers (TWH - MB)	139	Mixed	Simon Holford (17:36)	Jillian Holford (18:21)	George Harris (18:37)	00:54:34
85	Crystal Palace Fun Runners (Penge-ulum)	122	Mixed	Minnie Rinvoluceri (17:22)	Joe Rinvoluceri (19:54)	Jack Hollidge (17:21)	00:54:37
86	Dulwich Runners (Dulwich Mens F)	33	Mens	Justin Siderfin (17:11)	Mark Foster Cooper (17:36)	Mike Mann (19:55)	00:54:42
87	Windrush Triathlon Club (Windrush transition)	147	Mixed	Liz Curwen (21:38)	Rachel Ferguson (17:00)	John Cronin (16:32)	00:55:10
88	Croydon Harriers (Croydon Harriers Mixed)	116	Mixed	Noah Ralphs (16:20)	Daniel Denore (17:21)	Rosa Brookes (21:30)	00:55:11
89	Croydon Harriers (Croydon Harriers D)	20	Mens	Neil Aikman (17:53)	Peter Howes (22:39)	James Moore (17:23)	00:57:55
90	Crystal Palace Fun Runners (CPFR Baton Babes)	124	Mixed	Sian Earl (19:03)	Noemie Cavallion-Ram (18:45)	Chris Sampson (17:52)	00:55:40

91	Crystal Palace Fun Runners (Jurassic Coasters)	22	Mens	Ian Butler (18:19)	Ali Monterio (18:44)	Ben Gibson (18:42)	00:55:45
92	Tunbridge Wells Harriers (TWH - G)	62	Mens	Andrew Deighton (18:47)	Colin Timmins (18:04)	Colin Ricketts (19:07)	00:55:58
93	Orpington Road Runners (ORR Hounds)	41	Mens	Mark Thorne (18:12)	Joe Precious (18:10)	Rupert McLeod (19:48)	00:56:10
94	Petts Wood Runners (PWR X10)	110	Mixed	Jenny Leng (19:46)	Jeremy Benson (18:17)	Ian Bauly (18:08)	00:56:11
95	Collingwood AC (Mens 2)	15	Mens	Nathan Davies (18:57)	Andy Randall (18:10)	Gary Thompson (19:05)	00:56:12
96	Dulwich Runners (Dulwich Ladies B)	84	Ladies	Andrea Pickup Pearse (17:42)	Philippa Goodhew (20:28)	Clare Norris (18:17)	00:56:27
97	Tunbridge Wells Harriers (TWH - I)	64	Mens	Paul Ketterer (17:50)	Andrew Joad (18:11)	Dave Hadaway (20:33)	00:56:34
98	Petts Wood Runners (PWR M6)	77	Mens	Jason Hone (17:32)	Mike Springett (19:57)	Mike Reeves (19:09)	00:56:38
99	Crystal Palace Triathletes (CPT Velociraptors)	127	Mixed	Darren Stanley (17:25)	Siobhan Carroll (21:11)	Stuart Williams (18:12)	00:56:48
100	Striders of Croydon (Striders Ladies 1)	94	Ladies	Angela Seesurrun (20:44)	Elly Evans (17:42)	Maria Consuelo Kennefick (18:28)	00:56:54
101	Petts Wood Runners (PWR M4)	45	Mens	Guy Sims (18:36)	Seaton Giles (16:45)	David Poland (21:50)	00:57:11
102	Petts Wood Runners (PWR X5)	105	Mixed	Mark Burgess (19:24)	Nicole Hasoon (18:54)	Andrew Stubbs (18:54)	00:57:12
103	Crystal Palace Fun Runners (CP Triangle Trio)	120	Mixed	Richard Harrison (15:49)	Nicola O'Doherty (18:23)	Ameet Patel (23:11)	00:57:23
104	Crystal Palace Fun Runners (Simply MNS)	24	Mens	Neil Vosper (16:58)	Simon Evans (17:58)	Chris Dyke (22:34)	00:57:30
105	Tunbridge Wells Harriers (TWH - H)	63	Mens	Robert Winter (17:29)	Mark Taylor (21:48)	Rob Hill (18:20)	00:57:37
106	Tunbridge Wells Harriers (TWH - MD)	141	Mixed	Steve Wellstead (20:14)	Suzannah Kinsella (20:16)	Gareth Hiron (17:10)	00:57:40
107	Tonbridge AC (Womens 2)	82	Ladies	Grazia Manzotti (19:22)	Lucy Pitcairn-Knowles (18:56)	Virginie Martel (20:10)	00:58:28
108	Cambridge Harriers (Greyhounds)	13	Mens	James Collis (19:30)	Paul Ford (19:10)	Paul Kent (20:07)	00:58:47
109	Petts Wood Runners (PWR X9)	109	Mixed	Rachel Knowles (19:50)	Stuart Ball (18:25)	Lucy Tang (20:33)	00:58:48
110	Crystal Palace Triathletes (CPT Iguanodons)	27	Mens	John Buchanan (16:30)	Brian Morris (21:55)	Ian Arnott (21:04)	00:59:29
111	Petts Wood Runners (PWR F2)	78	Ladies	Chloe Wilkinson (17:28)	Lianne Flynn (22:47)	Natalie Jacques (19:19)	00:59:34
112	Collingwood AC (Mixed 1)	114	Mixed	Chris Penfold (19:03)	Mark Edwards (19:53)	Alex Legge (20:55)	00:59:51
113	Windrush Triathlon Club (Windrush ride)	146	Mixed	Jake Pollard (18:15)	Leanne Wenham (20:45)	Flo Mowlem (20:54)	00:59:54
114	Beckenham Running Club (Mixed 1)	99	Mixed	David Olver (18:33)	Debbie Ford (22:36)	Richard Stokes (18:50)	00:59:59
115	Collingwood AC (Mens 3)	16	Mens	Darren Stevens (20:18)	Martin Lloyd (20:20)	Keith Dunning (19:39)	01:00:17
116	Bromley Veterans AC (Between a Walk and a Hard Pace)	149	Mixed	John Whiteley (22:55)	Emma D'Almeida (21:34)	Tim Sowter (16:51)	01:01:20
117	Petts Wood Runners (PWR X6)	106	Mixed	Djuro Rnic (21:11)	Amy Vistuer (22:01)	Andrew Squirrell (19:10)	01:02:22
118	Orpington Road Runners (ORR Gazelles)	85	Ladies	Amanda Williams (18:20)	Gill Lawrence (20:49)	Alison Ward (23:34)	01:02:43
119	Orpington Road Runners (ORR Eagles)	134	Mixed	Martin Pointing (19:49)	Ian Jackson (19:17)	Claire London (23:38)	01:02:44
120	Bromley Veterans AC (Been there, Run That)	152	Mixed	Sadiff Hayee (22:51)	Roger Harris (22:27)	Lee Holt (17:45)	01:03:03
121	Beckenham Running Club (Mens 1)	3	Mens	Jeremy Hodgen (21:08)	Pat Kerrins (20:43)	Ken Baksh (21:13)	01:03:04
122	Bromley Veterans AC (Quads Of Fury)	157	Mixed	Paul Hefford (22:24)	James Kelly (20:40)	Rowena Kibblewhite (20:08)	01:03:12
123	Crystal Palace Fun Runners (CPFR Wino)	73	Ladies	Catherine Langley (22:45)	Sarah Kingham (22:34)	Lucy Cartlidge (18:04)	01:03:23
124	Cambridge Harriers (Heartthrobs)	113	Mixed	Ian McCarthy (20:17)	Jo Barber (20:53)	Kieth Dungate (22:25)	01:03:35
125	Petts Wood Runners (PWR F4)	80	Ladies	Jennifer Kelly (21:45)	Ellen Ball (19:21)	Zoe McGlesson (22:36)	01:03:42
126	Bromley Veterans AC (Lost In Pace.)	151	Mixed	Alex Metcalf (23:30)	Marijana Urbany (21:04)	Gareth Hudson (19:21)	01:03:55
127	Bromley Veterans AC (Achilles Heals.)	150	Mixed	Linda Whiteley (24:50)	Stephen Stringer (20:17)	Peter Johnson (18:52)	01:03:59
128	Orpington Road Runners (ORR Hares)	40	Mens	Clive London (19:33)	Rob Lawrence (25:18)	David Jenkins (19:23)	01:04:14
129	Bromley Veterans AC (Furious Feet.)	153	Mixed	Kate Sanwell (23:13)	Chris Jackson (20:07)	Jo Kelly (20:58)	01:04:18
130	Bromley Veterans AC (Because Uber Was Busy)	156	Mixed	Dave Cannon (21:51)	Gary Farrant (22:39)	Justine Eastbury (19:48)	01:04:18
131	Bromley Veterans AC (Eat our dust)	154	Mens	Matthew Stevens (26:36)	Richard Hall (19:51)	Jason Short (18:56)	01:05:23
132	Petts Wood Runners (PWR X7)	107	Mixed	Micky Boyd (22:32)	Julie Travers (18:45)	Chris Gatt-Florida (24:30)	01:05:47
133	Crystal Palace Fun Runners (Worst Pace Scenario)	125	Mixed	Steve Jones (16:48)	James Pimperton (18:51)	Billie Hamer (30:12)	01:05:51
134	Bromley Veterans AC (Cadence Counters)	155	Mixed	Christine Martin (23:03)	Mike Kibblewhite (21:02)	James Ward (22:48)	01:06:53
135	Crystal Palace Fun Runners (CPFR SuperNovas)	118	Mixed	Stephen Wright (20:49)	Amália Da Silva Lima (24:30)	Nova Matthias (21:57)	01:07:16
136	Beckenham Running Club (Ladies 1)	86	Ladies	Claire Deane (20:24)	Jackie Linehan (22:57)	Zoe Sopper (24:44)	01:08:05
137	Collingwood AC (Ladies 1)	89	Ladies	Elaine Reid (22:29)	Jenny MacDonnell (21:23)	Jude Wheeler (24:39)	01:08:31

138	Petts Wood Runners (PWR F3)	79	Ladies	Sally Callaghan (21:46)	Bijana Petrushevska (20:49)	Catherine Crabtree (26:00)	01:08:35
139	Biggin Runways (Biggin Runways D)	75	Ladies	Wendy Muckle (22:05)	Stacey Merron (23:27)	Kerry Morgan (23:16)	01:08:48
140	Crystal Palace Fun Runners (Mile and error)	121	Mixed	Lisa Cave (23:36)	Kathryn Harrop (21:47)	Sean Kenny (23:48)	01:09:11
141	Croydon Harriers (Croydon Harriers Women)	76	Ladies	Laura Marshall (17:38)	Sunanda Sarker-Bell (27:55)	Sarah Bruce-Green (23:55)	01:09:28
142	Crystal Palace Fun Runners (Palace Dino-mite)	123	Mixed	Julia Anderson (20:20)	Nicole Pelletier (27:50)	Chris Balmer (22:02)	01:10:12
143	Crystal Palace Fun Runners (SuViChi)	71	Ladies	Suzi Daley (20:47)	Chiara Petrone (26:39)	Viv Foster (23:19)	01:10:45
144	Cambridge Harriers (Golden girls)	88	Ladies	Angela Ford (21:50)	Stephanie Dungate (25:12)	Maria MacDonald (23:57)	01:10:59
145	Tunbridge Wells Harriers (TWH - MA)	138	Mixed	Stella Richardson (23:20)	Jonathan Rickards (23:34)	Peter Richardson (24:57)	01:11:51
146	Striders of Croydon (Striders Women 2)	95	Ladies	Vanessa Wheeler (23:10)	Annabel Crouch (26:33)	Yasmin Anderson (22:30)	01:12:13
147	Striders of Croydon (Striders Men 5)	51	Mens	Joshua Burree (26:10)	Mark Harman (19:28)	Martin Gourlay (26:50)	01:12:28
148	Bromley Veterans AC (Are We There Yet?)	148	Mixed	Joan Andrew (22:24)	Leo Mansell (26:10)	Karen Samuel (25:02)	01:13:36
149	Collingwood AC (Ladies 2)	90	Ladies	Lorraine Turner (24:29)	Tamsyn Down (24:37)	Eileen Leonard (24:35)	01:13:41
150	Petts Wood Runners (PWR X8)	108	Mixed	Nick Squires (21:58)	Liz Squires (28:47)	Richard Dunstan (22:56)	01:13:41
151	Tunbridge Wells Harriers (TWH - MC)	140	Mixed	Joy Croucher (25:36)	Janet Bird (26:14)	David French (23:02)	01:14:52
152	Biggin Runways (Biggin Runways B)	142	Mixed	Simon Turner (17:27)	Ann Eames (25:12)	Hayley Carter (33:48)	01:16:27
153	Biggin Runways (Biggin Runways C)	143	Mixed	Mark Squires (19:46)	Claire Gibbs (24:48)	Katie Rest (32:38)	01:17:12
154	Crystal Palace Triathletes (CPT Dream Girls)	72	Ladies	Audrey Livingston (27:49)	Brigit Brown (23:54)	Ifeoma Ekwobi (30:06)	01:21:49