



# Beckenham Running Club

## Team Relay Race 2024

22nd May 2024

### Results Summary

#### Male

Position	Team and Time	Team Members	No.
1st	Dulwich Runners (Mens 1) 00:39:05	Edward Chuck Rob Armstrong Jack Ramm	26
2nd	Tonbridge AC (Mens 1) 00:39:18	Cameron Chambers Dan Bradley Stephen Strange	55
3rd	Tonbridge AC (Mens 2) 00:41:39	Mark Pepper Jamie Bryant Nick Beer	56

#### Female

Position	Team and Time	Team Members	No.
1st	Kent AC (Womans 1) 00:47:11	Claire Oxlade Ellie Freeden Alwxa Parker	83
2nd	Tunbridge Wells Harriers (Womens 1) 00:48:25	Hannah Roberts Laura Whitehead Emily Nash	100
3rd	Tonbridge AC (Ladies 1) 00:49:33	Nichola Evans Maria Heslop Rebecca Morton	97

#### Mixed

Position	Team and Time	Team Members	No.
1st	Blackheath & Bromley (Mixed 1) 00:43:29	Harry Fage Millie Smith Micah Evans	113
2nd	Petts Wood Runners (PWR X7) 00:45:06	Kev Howarth Melody Kane Kieran O'Doherty	156
3rd	Dulwich Runners (Mixed 1) 00:45:14	Andy Bond Grace Ingledew Tom South	143

#### Fastest Legs

Category	Name (Team)	Time	No.
Male	Cameron Chambers - Tonbridge AC (Mens 1)	00:12:41	55
Female	Millie Smith - Blackheath & Bromley (Mixed 1)	00:15:12	113



## Beckenham Running Club Team Relay Race 2024

22nd May 2024

### Full Results

Position	Team Name	Team No.	Category	Runner A	Runner B	Runner C	Time
1	Dulwich Runners (Mens 1)	26	Mens	Edward Chuck (12:46)	Rob Armstrong (13:13)	Jack Ramm (13:06)	00:39:05
2	Tonbridge AC (Mens 1)	55	Mens	<b>Cameron Chambers (12:41)</b>	Dan Bradley (13:41)	Stephen Strange (12:57)	00:39:18
3	Tonbridge AC (Mens 2)	56	Mens	Mark Pepper (14:09)	Jamie Bryant (13:40)	Nick Beer (13:51)	00:41:39
4	Blackheath & Bromley (Mens 1)	2	Mens	Peter Brooks (14:11)	Kevin Fini (14:00)	Graeme Lugar (14:07)	00:42:17
5	Blackheath & Bromley (Mens 2)	3	Mens	Roger Vilardell (14:07)	Dave Adams (14:11)	Alex Lee (14:06)	00:42:23
6	Petts Wood Runners (PWR M5)	44	Mens	Dave Martin (14:12)	Adam Wilkinson (14:13)	Greg Dunning (14:04)	00:42:29
7	Dulwich Runners (Mens 2)	27	Mens	James Blackwood (13:39)	Jack Leafe (15:07)	Theo Gittens (14:07)	00:42:54
8	Blackheath & Bromley (Mens 4)	5	Mens	Charlie Stoneham (14:08)	Tim Browne (14:35)	Sam Aldridge (14:24)	00:43:07
9	Tunbridge Wells Harriers (Mens 1)	60	Mens	Javier Montoya Montero (14:40)	Chris Stringer (15:21)	Liam White (13:12)	00:43:12
10	Kent AC (Mens 1)	31	Mens	Che Compton (14:25)	Jon Griffiths (14:13)	Alex Harris (14:41)	00:43:19
11	Blackheath & Bromley (Mens 3)	4	Mens	Tom Desborough (14:08)	Fintan Parkinson (14:40)	Greg Bull (14:38)	00:43:25
12	Blackheath & Bromley (Mixed 1)	113	Mixed	Harry Fage (14:19)	<b>Millie Smith (15:12)</b>	Micah Evans (13:58)	00:43:29
13	Croydon Harriers (Mens 1)	18	Mens	David White (15:07)	Douglas Aikman (14:04)	Tom Baxter (14:47)	00:43:58
14	Tonbridge AC (Mens 3)	57	Mens	Ollie White (14:56)	Jay Smith (13:45)	Tom Rule (15:45)	00:44:26
15	Kent AC (Mens 2)	32	Mens	Lyndon Marfell (14:24)	Sam Taylor (15:01)	Phil Woodford Smith (15:15)	00:44:40
16	Blackheath & Bromley (Mens 5)	112	Mens	Leon De Bruyn (14:38)	Luca Ercolani (15:06)	Ryan Ali (15:17)	00:45:01
17	Petts Wood Runners (PWR X7)	156	Mixed	Kev Howarth (14:46)	Melody Kane (15:38)	Kieran O'Doherty (14:43)	00:45:06
18	Dulwich Runners (Mixed 1)	143	Mixed	Andy Bond (13:46)	Grace Ingledeu (16:56)	Tom South (14:33)	00:45:14
19	Petts Wood Runners (PWR M2)	41	Mens	Ollie Lister (15:00)	James Brinkley (16:03)	Steve Camacho (14:27)	00:45:30
20	Tunbridge Wells Harriers (Mens 2)	61	Mens	Keith Mitchell (15:08)	Alex Holmes (15:20)	Andy Eames (15:10)	00:45:38
21	Cambridge Harriers (Mixed 1)	124	Mixed	Liam Carr (14:43)	John O'Mahony (14:22)	Catherine Gonzalez (16:35)	00:45:40
22	Dulwich Runners (Mens 3)	28	Mens	Murray Humphrey (14:44)	Joe Farrington-Douglas (15:38)	James Burrows (15:26)	00:45:48
23	Kent AC (Mens 6)	36	Mens	George Searle (14:58)	Jake Simmonds (13:15)	Harry Clough (17:54)	00:46:08
24	Crystal Palace Triathletes (CPT Troodons)	23	Mens	Jamal Dayes (15:21)	Gregor Maclean (16:04)	Daniel Bentley-Gouldstone (15:10)	00:46:35
25	Cambridge Harriers (Men 2)	13	Mens	Mark Penny (15:09)	Ray Ramsay (15:53)	Phil Dickens (15:43)	00:46:44
26	Kent AC (Womans 1)	83	Ladies	Claire Oxlade (16:01)	Ellie Freedon (15:51)	Alwxa Parker (15:20)	00:47:11
27	Tonbridge AC (Men 4)	58	Mens	Julian Rendall (15:03)	Richard Preston (16:03)	Mark Pitcairn-Knowles (16:12)	00:47:18
28	Dulwich Runners (Mens 4)	29	Mens	Mark Callaghan (15:46)	Jamie Evans (15:16)	Tom Mountain (16:23)	00:47:25
29	Crystal Palace Fun Runners (CPFR Mixed A)	130	Mixed	Thomas McQuade (15:42)	Suzanne Swaine (17:09)	Ed Scott (14:45)	00:47:36
30	Kent AC (Mens 3)	33	Mens	Jules Gevers (16:14)	Matthew Thomas (14:50)	Alex Robbins (16:41)	00:47:45
31	Striders of Croydon (Mens Striders 1)	49	Mens	Max Veglio (15:23)	Tim Lawlor (16:36)	Marc Burrows (15:52)	00:47:52
32	Unaffiliated (West Wickham FCRC)	70	Mens	Samuel Kemp (16:29)	Chris Husillos (16:14)	Matthew Fitch (15:13)	00:47:56
33	Blackheath & Bromley (Mixed 3)	74	Mixed	Ashley Pearson (16:43)	Steve Hough (15:24)	Trang Nguyen (16:00)	00:48:07
34	Tunbridge Wells Harriers (Mens 3)	62	Mens	Rich Carter (16:30)	Patrick Bareham (15:08)	Mike King (16:42)	00:48:20
35	Tunbridge Wells Harriers (Womens 1)	100	Ladies	Hannah Roberts (16:14)	Laura Whitehead (16:06)	Emily Nash (16:05)	00:48:25
36	Petts Wood Runners (PWR M3)	42	Mens	Mark Philbrick (16:12)	Oliver Hitch (16:34)	Mark Griffin (15:40)	00:48:26
37	Cambridge Harriers (Men 3)	14	Mens	James Pitts (15:36)	Will Longhurst (16:00)	Peter St-Amour (17:18)	00:48:54
38	Petts Wood Runners (PWR X6)	155	Mixed	Tom Medhurst (15:44)	Emma Stevens (17:08)	Kev Chadwick (16:19)	00:49:11
39	Blackheath & Bromley (Mixed 2)	114	Mixed	Mark Constable (13:56)	Jessica Lingham (18:45)	Ryan Alford-Smith (16:35)	00:49:15
40	Tonbridge AC (Ladies 1)	97	Ladies	Nichola Evans (16:12)	Maria Heslop (16:15)	Rebecca Morton (17:06)	00:49:33
41	Orpington Road Runners (ORR Whippets)	37	Mens	James Gillard (17:00)	James Willingham (15:56)	Chris Wood (16:48)	00:49:44
42	Crystal Palace Triathletes (CPT Velociraptors)	24	Mens	Mark Brown (16:07)	Tom Cumberlege (16:29)	Chris Allen (17:11)	00:49:47

43	Collingwood AC (CAC - T7)	17	Mens	Richard Steeples (15:57)	Adam Taylor (17:38)	James McClintock (16:31)	00:50:05
44	Beckenham Running Club (Mens)	1	Mens	Andy Regan (17:43)	Steve Moss (16:55)	Jim Addison (15:31)	00:50:10
45	Crystal Palace Triathletes (CPT Gallimimuses)	142	Mixed	Andrew Coley (17:21)	Maude Wolstenholme (17:08)	Isaac Griffiths (15:51)	00:50:20
46	Kent AC (Mens 5)	35	Mens	Dylan Sandhu (14:54)	Barnaby Hayter (18:15)	Lucas Stickland (17:24)	00:50:33
47	Kent AC (Mens 4)	34	Mens	Chris Lydon (15:21)	John Gilchrist (19:22)	Michael Gibson (15:51)	00:50:34
48	Tunbridge Wells Harriers (Mens 4)	63	Mens	Stuart Corke (16:38)	Tobyn Young (17:01)	Stuart McIlwham (17:06)	00:50:45
49	Kent AC (Woman's 2)	84	Ladies	Billie Turner (16:39)	Jen Berg (16:50)	Victoria Cartwright (17:19)	00:50:49
50	Kent AC (Mixed 1)	146	Mixed	Richard Giles (16:18)	Sally Urquhart (17:29)	Victoria Buck (17:22)	00:51:10
51	Unaffiliated (3 Amigos)	71	Mens	Matt Durrant (17:47)	John Christopher (15:54)	David Lineen (17:40)	00:51:21
52	Croydon Harriers (Mens 3)	20	Mens	James Moore (17:29)	Zoha Jetta (17:03)	David White (17:03)	00:51:35
53	Blackheath and Bromley (Team RDGH)	10	Mens	Chris Tuck (16:53)	Richie Byford (18:12)	Tim Ayres (16:46)	00:51:51
54	Petts Wood Runners (PWR M6)	45	Mens	Marcus Elwes (17:11)	Carl Inman (18:14)	Krish Gurunathan (16:35)	00:52:00
55	Dulwich Runners (Mixed B)	144	Mixed	Olivia Bishton (17:40)	Chris Nunn (17:15)	Chris Cooper (17:08)	00:52:03
56	Tonbridge AC (Mens 5)	59	Mens	Derek Jee (16:56)	Charlie Richardson (16:53)	Chris Potter (18:17)	00:52:06
57	Striders of Croydon (Mens Striders 2)	50	Mens	Darren Woods (18:22)	Stephen Harris (17:11)	Stephen Kenneflick (16:44)	00:52:16
58	Petts Wood Runners (PWR M4)	43	Mens	Sam Gibbs (16:33)	Johnny Gill (18:17)	John Kingscott (17:34)	00:52:24
59	Orpington Road Runners (ORR Hounds)	38	Mens	Thomas Feist (17:01)	Mark Thorne (17:57)	Richard Hassall (17:30)	00:52:29
60	Tunbridge Wells Harriers (Womens 2)	101	Ladies	Ali Farrall (17:52)	Tara Taylor (18:07)	Amelie Karlsson (16:31)	00:52:30
61	Dulwich Runners (Ladies 1)	81	Ladies	Harriet Roddy (17:16)	Liberty Simpson (17:17)	Rosie Murton (18:11)	00:52:44
62	Tonbridge AC (Mixed 1)	160	Mixed	Rachel Fagg (18:39)	Mark Mcleavery (16:48)	Mike Davies (17:36)	00:53:03
63	Kent AC (Mixed 2)	147	Mixed	Jo Mott (20:30)	Matthew Moroney (14:50)	Martin Morgan (17:48)	00:53:09
64	Petts Wood Runners (PWR X2)	151	Mixed	Laura Elvin (21:13)	Andy Robertson (15:53)	James Wall (16:17)	00:53:23
65	Striders of Croydon (Mens Striders 3)	51	Mens	Matthew Tremlett (18:36)	Mike Sawh (17:24)	Tim Johnson (17:25)	00:53:25
66	B&B Harriers AC (Wednesday Nighters) (HHF)	9	Mens	Chris Fishlock (17:24)	Damian Hayes (17:14)	Rod Harrington (19:10)	00:53:47
67	Croydon Harriers (Mens 2)	19	Mens	George Guthrie (16:50)	Terry Lapins (19:53)	James Moore (17:30)	00:54:13
68	Tunbridge Wells Harriers (Mens 6)	65	Mens	Saul Harris (17:29)	Rob Winter (17:32)	Colin Timmins (19:15)	00:54:17
69	Kent AC (Woman's 5)	87	Ladies	Suze Spalding (18:27)	Vicky Boyle (17:14)	Sarah Crichton (18:53)	00:54:34
70	Dulwich Runners (Mens 5)	30	Mens	Garry Meehan (17:14)	Terence Baker (18:19)	Mark Foster (19:12)	00:54:45
71	Collingwood AC (CAC - T2)	125	Mixed	Glen Smith (17:42)	Antony Constantinou (18:04)	Shun-Lai Chan (19:06)	00:54:52
72	B&B Harriers AC (Wednesday Nighters) (PPS)	8	Mens	Harry Schmitt (17:35)	Colin Pearson (19:04)	Steve Pairman (18:24)	00:55:02
73	Petts Wood Runners (PWR F2)	92	Ladies	Chloe Wilkinson (18:03)	Kerrie Donohue (19:46)	Ely Phillips (17:32)	00:55:21
74	Tunbridge Wells Harriers (Mens 5)	64	Mens	Richard Bysouth (17:50)	Martin Sands (19:13)	Matthew Trainer (18:22)	00:55:25
75	Tonbridge AC (Ladies 2)	98	Ladies	Virginie Martel (19:40)	Charlotte Warren (18:19)	Sarah Cronin (17:26)	00:55:25
76	Tunbridge Wells Harriers (Mens 7)	66	Mens	Matt Newman (18:58)	Paul Ketterer (18:42)	Elliot Chiles (17:47)	00:55:27
77	Cambridge Harriers (Ladies 1)	75	Ladies	Julie Moore (17:39)	Sally Carr (19:38)	Susan Dixon (18:23)	00:55:41
78	Kent AC (Woman's 3)	85	Ladies	Lin Skinner (17:24)	Jo Wint (19:15)	Anastasia Harris (19:02)	00:55:41
79	B&B Harriers AC (Wednesday Nighters) (SAM)	107	Mixed	Matt Maddocks (17:37)	Luigi Arcuri (19:38)	Katy Sudgen (18:28)	00:55:44
80	Collingwood AC (CAC - T3)	16	Mens	Sean de Prazer (17:22)	John Cazabon (19:27)	Gary Thompson (18:57)	00:55:46
81	B&B Harriers AC (Wednesday Nighters) (BED)	7	Mens	Matt Bullen (16:58)	Mark Ellison (19:12)	Andy Lawes (19:39)	00:55:49
82	Crystal Palace Fun Runners (Crystal Palace Calves)	138	Mixed	Chris Dyke (18:35)	Yvette Ralston (19:29)	Chris Sampson (17:48)	00:55:52
83	B&B Harriers AC (Wednesday Nighters) (CCS)	6	Mens	Steve Evenden (16:44)	Chris Pike (21:48)	Chris Martin (17:38)	00:56:10
84	B&B Harriers AC (Wednesday Nighters) (BBS)	106	Mixed	Laura Bestow (17:23)	Iain Swatton (20:49)	Will Brindley (18:02)	00:56:13
85	Kent AC (Woman's 4)	86	Ladies	Talluah Jones (17:18)	Anna Delis (19:40)	Alice Jones (19:28)	00:56:26
86	Petts Wood Runners (PWR M7)	46	Mens	Mark Burgess (20:19)	Daniel Selman (17:58)	Marcus Elwes (18:10)	00:56:27
87	Beckenham Running Club (Mixed)	108	Mixed	Alice Baverstock (19:41)	Donna Mewis (18:21)	David Olver (18:27)	00:56:30
88	Tunbridge Wells Harriers (Mixed 1)	162	Mixed	Simon Holford (19:17)	Jillian Holford (18:33)	George Harris (18:44)	00:56:33
89	Striders of Croydon (Mens Striders 4)	52	Mens	Michael Smaldon (17:56)	Matt Byrne (20:55)	Kechong Nguyen (17:42)	00:56:33
90	Tunbridge Wells Harriers (Mens 8)	67	Mens	Andrew Deighton (19:26)	Colin Ricketts (19:00)	Andy Joad (18:09)	00:56:35

91	Crystal Palace Fun Runners (Jurassic Jaunters)	136	Mixed	Jules Anderson (20:10)	Thom Banks (19:45)	James Pimperton (16:45)	00:56:40
92	Crystal Palace Fun Runners (Flaming Fossils)	137	Mixed	Jessica Ransom (22:04)	Chris Brophy (18:56)	Richard Harrison (15:40)	00:56:41
93	Crystal Palace Triathletes (CPT Carnotauruses)	25	Mens	Dominic Addison (16:28)	Jim Phelan (21:47)	Stuart Williams (18:36)	00:56:51
94	Beckenham Running Club (Ladies)	72	Ladies	Andrea Pickup (17:57)	Amy Harris (20:44)	Aurelia Osborne (18:12)	00:56:52
95	Petts Wood Runners (PWR M8)	47	Mens	Seaton Giles (19:59)	Andrew Stubbs (18:47)	Guy Sims (18:42)	00:57:28
96	Tonbridge AC (Mixed 2)	161	Mixed	Scott Shurmer (20:24)	Anthony Crush (17:48)	Abi Case (19:22)	00:57:34
97	Tunbridge Wells Harriers (Mens 9)	68	Mens	Chris Walmsley (18:34)	David French (21:19)	Pete Holmes (17:40)	00:57:34
98	Orpington Road Runners (ORR Hares)	148	Mixed	Martin Moss (18:21)	Emma Moss (18:03)	Alison Chisnell (21:14)	00:57:37
99	Cambridge Harriers (Men 4)	15	Mens	Christian Poulton (16:35)	Mohammed Ahmed (19:10)	Clem Dixon (22:13)	00:57:58
100	Striders of Croydon (Ladies Striders 1)	94	Ladies	Catherine Jarvis (20:16)	Ellyw Evans (18:42)	Lottie Nusca (19:06)	00:58:04
101	Dulwich Runners (Ladies 2)	82	Ladies	Katie Thompson (19:18)	Philippa Goodhew (19:57)	Emma Ibell (19:09)	00:58:25
102	Petts Wood Runners (PWR X4)	153	Mixed	Jenny Leng (19:41)	David Moore (18:32)	Ian Bauly (20:21)	00:58:35
103	Crystal Palace Fun Runners (Palace Prancers)	139	Mixed	Noemie Cavaillon-Ram (19:21)	Nova Matthias (22:21)	Daniel Collins (16:55)	00:58:36
104	Tunbridge Wells Harriers (Womens 3)	102	Ladies	Hayley Larkin (19:36)	Susan Cooper (20:00)	Vicky Eames (19:17)	00:58:53
105	Crystal Palace Fun Runners (Dino Dashers)	132	Mixed	Sian Earl (19:07)	Chris Balmer (22:36)	Giovanni Biagiotti (17:35)	00:59:18
106	Dulwich Runners (Mixed 3)	145	Mixed	Tom Poynton (19:47)	Sophie Sentance (19:20)	Mike Mann (20:26)	00:59:34
107	Petts Wood Runners (PWR X1)	150	Mixed	Lucy Tang (20:22)	Trevor Adams (19:33)	Rachel Knowles (19:39)	00:59:35
108	Petts Wood Runners (PWR F1)	91	Ladies	Alice Neal (19:54)	Nat Juchau (20:21)	Nat Jacques (19:30)	00:59:45
109	Collingwood AC (CAC - T4)	126	Mixed	Keith Dunning (20:01)	Mark Edwards (20:02)	Jenny Sinfield (19:50)	00:59:53
110	Cambridge Harriers (Men 1)	12	Mens	Martin Hawkins (19:09)	Ian Mccarthy (21:05)	Paul Ford (20:03)	01:00:16
111	Croydon Harriers (Ladies 1)	79	Ladies	Ciara Dolby (19:38)	Millicent Figueria (20:34)	Jasmine Bell (20:14)	01:00:26
112	Tonbridge AC (Womens 3)	99	Ladies	Grazia Manzotti (19:11)	Izzy Barton (20:39)	Theresa White (20:47)	01:00:37
113	Orpington Road Runners (ORR Coyotes)	39	Mens	Rupert McLeod (20:05)	Andy Dalitis (20:16)	Jim Page (20:28)	01:00:49
114	Bromley Veterans AC (Heart and Solers)	122	Mixed	Andrew Cooper (18:31)	Karen Samuel (24:30)	Andrew Cooper (18:15)	01:01:16
115	Orpington Road Runners (ORR Gazelles)	88	Ladies	Anita Dubery (20:38)	Amanda Williams (19:14)	Samantha Goffin (21:30)	01:01:21
116	Striders of Croydon (Mens Striders 5)	53	Mens	Mark Harman (20:21)	Daniel McCarthy-Wade (20:42)	Robert McDonald (20:34)	01:01:36
117	Petts Wood Runners (PWR M9)	48	Mens	Andy Hall (20:50)	Nick Squires (21:22)	Stuart Isaacs (19:28)	01:01:40
118	Bromley Veterans AC (Worst Pace Scenario)	119	Mixed	Stuart Philimore (21:02)	Chris Jackson (20:09)	Ro Kibblewhite (20:31)	01:01:43
119	Petts Wood Runners (PWR X5)	154	Mixed	Paul Munday (22:19)	Agne Zavistanavice (20:44)	Haki Bardhi (18:42)	01:01:45
120	Crystal Palace Fun Runners (Palace Parade Squad)	133	Mixed	Viv Foster (23:23)	Suzi Daley (22:53)	Stewart Dabin (15:38)	01:01:54
121	Crystal Palace Fun Runners (Hot-Steppers)	141	Mixed	Helena Wells (21:20)	Stephanie Davis (23:09)	Matthew Lawson (17:27)	01:01:57
122	Tunbridge Wells Harriers (Mixed 2)	163	Mixed	Daniel Goddard (20:03)	Holly Taylor (21:49)	Alexandra Wolley (20:24)	01:02:16
123	Crystal Palace Fun Runners (Relay Fast Runners)	140	Mixed	Emily Poynton (21:39)	Greg Moore (21:17)	Michael Okarimia (19:27)	01:02:23
124	Crystal Palace Fun Runners (Rex Racers)	21	Mens	Glen Keegan (21:18)	Sean Kenny (23:25)	Neil Vosper (17:40)	01:02:23
125	Croydon Harriers (Mixed)	129	Mixed	Neil Aikman (18:25)	Sunanda Sarker-Bell (22:00)	Sarah Bruce-Green (22:49)	01:03:14
126	Crystal Palace Fun Runners (SuperSphinx)	22	Mens	Stephen Wright (22:27)	Ameet Patel (23:30)	Richard Hall-Smith (17:34)	01:03:31
127	Orpington Road Runners (ORR Ocelots)	149	Mixed	Ali Ward (22:23)	Michelle Tomkins (23:47)	Gavin Kitchingham (17:23)	01:03:34
128	Bromley Veterans AC (We got the runs)	118	Mixed	James Ward (20:42)	Marijana Urbany (21:30)	Richard Hall (22:01)	01:04:13
129	Crystal Palace Fun Runners (Rusty Lappers)	135	Mixed	Amalia De Lima (24:52)	Benjamin Wolf (20:21)	Ali Monteiro (19:03)	01:04:15
130	Tunbridge Wells Harriers (Mens 10)	69	Mens	Mark Taylor (23:24)	Mark Scott (22:06)	Terry Everest (18:53)	01:04:22
131	Bromley Veterans AC (Run like the winded)	117	Mixed	Leo Mansell (19:52)	Simon Powell (22:39)	Jo Kelly (22:08)	01:04:38
132	Petts Wood Runners (PWR F3)	93	Ladies	Jennifer Kelly (21:48)	Julia Reynders (23:57)	Catherine Round (19:07)	01:04:52
133	Crystal Palace Fun Runners (Veloci-Raptors)	80	Ladies	Sarah Kingham (23:12)	Frances Bright (22:26)	Louise Phillips (19:18)	01:04:56
134	Biggin Runways (NA) (Jets)	111	Mixed	James Wickings (19:09)	Wendy Muckle (23:30)	Anna Stone (22:18)	01:04:57
135	Crystal Palace Fun Runners (Crystal Chasers)	131	Mixed	Gaby Drinkwater (22:02)	John Everiss (21:30)	Gaby Drinkwater (21:31)	01:05:03
136	Orpington Road Runners (ORR Eagles)	90	Ladies	Michelle Beaumont (19:37)	Claire London (22:33)	Pippa Rudman (23:12)	01:05:22
137	Tunbridge Wells Harriers (Womens 5)	104	Ladies	Ana Green (20:53)	Brenda Purse (23:27)	Maria Gandara (21:05)	01:05:25

138	Striders of Croydon (Ladies Striders 2)	95	Ladies	Emma Taylor (20:27)	Vanessa Wheeler (23:36)	Susanna Lutman (21:34)	01:05:37
139	Petts Wood Runners (PWR M1)	40	Mens	Louis Strover (23:04)	Chris Gatt-Florida (21:51)	Micky Boyd (21:06)	01:06:01
140	Bromley Veterans AC (Easier said than run)	115	Mixed	Muriel Horan (23:22)	Roger Harris (23:33)	James Tinkler (19:12)	01:06:08
141	Bromley Veterans AC (Legs Miserables)	116	Mixed	Susanna Reich (24:02)	Gareth Dowling (21:10)	Gareth Hudson (21:11)	01:06:23
142	Cambridge Harriers (Ladies 3)	77	Ladies	Donna Martin (22:30)	Jo Barber (21:21)	Angela Ford (23:10)	01:07:01
143	Bromley Veterans AC (Not fast, just furious)	11	Mens	Geoff Cannell (27:02)	James Kelly (21:38)	Rodrigo Pinto (18:45)	01:07:26
144	Striders of Croydon (Mens Striders 6)	54	Mens	Paul Wells (23:40)	Martin Gourlay (27:40)	Krish Kli (16:16)	01:07:36
145	Petts Wood Runners (PWR X3)	152	Mixed	Prema Reddy (23:19)	Viral Tanna (23:49)	Presheena Howell (22:14)	01:09:22
146	Crystal Palace Fun Runners (Triangle Trio)	134	Mixed	Emma Guthrie (23:56)	Emma McIntyre (25:57)	Gareth Morris (19:42)	01:09:35
147	Bromley Veterans AC (Ignorance is Blisters)	123	Mixed	Matthew Stevens (30:18)	Tracey Simmons (23:19)	Tim Sowter (16:41)	01:10:18
148	Biggin Runways (NA) (Spitfires)	73	Ladies	Trudy Pearson (23:53)	Penny Hutchings (22:57)	Kerry Morgan (24:33)	01:11:23
149	Biggin Runways (NA) (Typoons)	110	Mixed	Tom Harris (22:45)	Omar Morgan (20:54)	Katie Rest (28:13)	01:11:52
150	Petts Wood Runners (PWR X8)	157	Mixed	Liz Squires (29:46)	Mike Springett (20:18)	Jonathan Bond (22:14)	01:12:17
151	Bromley Veterans AC (Cool Down Specialists)	120	Mixed	John O'Toole (26:15)	David Cannon (25:26)	Rachel Perry (20:43)	01:12:24
152	Striders of Croydon (Mixed Striders 1)	158	Mixed	Grace Rahman (23:18)	Claire Mitchell (26:02)	Michael Bassett (23:10)	01:12:31
153	Collingwood AC (CAC - T1)	78	Ladies	Jude Wheeler (23:21)	Eileen Leonard (25:17)	Tamsyn Down (23:59)	01:12:38
154	Tunbridge Wells Harriers (Womens 4)	103	Ladies	Stella Richardson (23:15)	Margaret Pearson-Deighton (25:24)	Gemma Sumner (24:06)	01:12:45
155	Collingwood AC (CAC - T6)	128	Mixed	Bob James (22:17)	Elaine Reid (24:06)	Sharon Sayed-Moynihan (26:56)	01:13:19
156	Biggin Runways (NA) (Hurricanes)	109	Mixed	Mark Squires (21:36)	Julie Gator (26:46)	Ann Bailey (26:16)	01:14:38
157	Bromley Veterans AC (Finish Liners)	121	Mixed	Simon Cowie (28:57)	Christine Martin (22:40)	Justine Eastbury (24:22)	01:16:00
158	Striders of Croydon (Mixed Striders 2)	159	Mixed	James Harrison (22:31)	Nicky Thompson (26:54)	James Harrison (26:51)	01:16:16
159	Cambridge Harriers (Ladies 2)	76	Ladies	Stephanie Dugate (25:33)	Anna Rowland (26:53)	Maria Macdonald (24:02)	01:16:28
160	Collingwood AC (CAC - T5)	127	Mixed	Rupert Quedsted (30:18)	Darren Stevens (22:03)	Louise Andrews (24:22)	01:16:42
161	Tunbridge Wells Harriers (Womens 6)	105	Ladies	Joan Woodward (22:15)	Joy Croucher (27:14)	Janet Bird (30:33)	01:20:02
162	Striders of Croydon (Ladies Striders 3)	96	Ladies	Sally Bartlett (23:57)	Naomi Passley (32:13)	Yasmin Anderson (27:38)	01:23:48